



Crimson Coaching™

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Workshop Description

Goal Setting

A Workshop for Any Student, Parent, or Teacher

“If you don’t know where you’re going,” Yogi Berra once advised, “you’ll end up somewhere else.” In this workshop, veteran educator and President of **Crimson Coaching™**, Dr. P. (Dominique Padurano, Ph.D.) will share simple techniques for ending up where you want to be. Her approach to goal setting is structured yet nurturing, just like her teaching and coaching. Perfect for students in grades 6 to adult and for parents and teachers of all aged children. Bring a notebook, pen or pencil, and an open mind.

Dr. P.’s Bio

After teaching for more than a decade at some of the nation’s top high schools, Dominique Padurano, Ph.D. (“Dr. P.”) founded Crimson Coaching, a boutique tutoring, test prep, and college counseling consultancy. A self-confessed “recovering Type A personality,” Dr. P. earned her own Bachelor’s degree, *magna cum laude*, from Harvard College, possesses a Master’s in Education and a Ph.D. in History – and a certification to teach yoga. She works with clients worldwide and may be contacted directly at info@crimsoncoaching.com.