



Crimson Coaching™

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Workshop Description

Interview Like a Rock Star: How to Prepare for Your College Interview **A Workshop for Students in Grades 9- 12 AND Their Parents**

As the SAT and ACT become less important in the college application process, each other element – including the interview – takes on added significance. Unfortunately, many students dread the interview even more than writing the college essay! In this workshop, college counselor and President of **Crimson Coaching™**, Dr. P. (Dominique Padurano, Ph.D.) shares concrete strategies for preparing for and mindfulness techniques to apply during the college interview so that students feel empowered and calm during the entire process. Participants should bring a notebook, a pen/pencil, and an open mind.

Dr. P.'s Bio

After teaching for more than a decade at some of the nation's top high schools, Dominique Padurano, Ph.D. ("Dr. P.") founded Crimson Coaching, a boutique tutoring, test prep, and college counseling consultancy. Dr. P.'s students have earned hundreds of thousands of dollars in scholarships, as well as admissions to Harvard, Princeton, Stanford, and other elite colleges. Dr. P. earned her own Bachelor's degree, *magna cum laude*, from Harvard College, and possesses a Master's in Education and a Ph.D. in History, as well as a certification to teach yoga, which she's practiced for the past 25 years. She works with clients worldwide and may be contacted directly at info@crimsoncoaching.com.