



# Crimson Coaching™

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## Workshop Description

### **The 7 Habits of Highly Effective Students**

#### **A Workshop for Students Age 12 and Up and Their Parents**

The number one reason why students don't succeed at college isn't because they can't understand course material. It's because they haven't figured out how to "do college" until it's too late. In this workshop, college professor, former high school teacher, and current President of **Crimson Coaching™**, Dr. P. (Dominique Padurano, Ph.D.) offers a variety of actionable social strategies and academic habits that students can START practicing while they are in middle and high school so that by the time they're in college, they're pros! Participants should bring a notebook, a pen/pencil, and an open mind.

### **Dr. P.'s Bio**

After teaching for more than a decade at some of the nation's top high schools, Dominique Padurano, Ph.D. ("Dr. P.") founded Crimson Coaching, a boutique tutoring, test prep, and college counseling consultancy. Dr. P.'s students have earned hundreds of thousands of dollars in scholarships, as well as admissions to Harvard, Princeton, Stanford, and other elite colleges. Dr. P. earned her own Bachelor's degree, *magna cum laude*, from Harvard College; possesses a Master's in Education and a Ph.D. in History; and has taught part-time at the City University of New York since 2015. She works with clients worldwide and may be contacted directly at [info@crimsoncoaching.com](mailto:info@crimsoncoaching.com).